

In Partnership with

COUNTRYSIDE

# Supporting young people with ADHD into rural work

ADHD RURAL CONNECT is the first rural education programme for young people with ADHD in Scotland. Help us, help isolated and vulnerable neurodivergent young people; by providing them with "hands on" opportunities to learn new practical skills & qualifications and develop opportunities and employability skills.

#### WHAT CHALLENGES DO THESE YOUNG PEOPLE FACE?

- 😕 Poor educational experience
- Weak interpersonal skills & emotional intelligence
- 😕 Friendship difficulties
- 😕 Not life prepared
- 😕 Lacking in confidence
- Impulsivity meaning poor decision making

## WHAT WILL WE DO?

- Develop and deliver an ADHD specific rural education programme.
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- Provide training for rural businesses.

### **ADHD** Rural Connect will;

- © Increase rural qualifications
- Improve employability skills
- Transform the young person's self-awareness & confidence

### HOW CAN YOU HELP?

#### By donating at: www.countrysidelearningscotland.org.uk

Scan QR code to donate



#### Cheques payable to **Countryside Learning** Scotland at Battleby House, Redgorton, Perth, PH1 3EW

If you would like any further information on ADHD Rural Connect, please contact us on the following details:

Ian Robertson: 07840 951332 ian@countrysidelearningscotland.org.uk

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FOR THESE YOUNG PEOPLE, ENSURING THEY REACH THEIR FULLEST POTENTIAL, MATCHING THE AIMS OF THE YOUNG PERSONS GUARANTEE.









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